



South Wingfield Primary School

Intent, Implementation and Impact for PE, School Sport and Physical Activity

Intent

Through our PE, School Sport and Physical Activity curriculum we aim to develop the following skills.

Physical Skills

- Running, jumping and throwing
- Controlling objects
- Outdoor skills challenges
- Balance and body control
- Movement and travel
- Swimming and aquatic skills
- Movement to music
- Gross and fine motor skills

Thinking skills

- Creativity
- Independent learning
- Decision making and tactics
- Confidence and self-esteem
- Resilience
- Applying skills and knowledge
- Predict and judge outcomes

Social Skills

- Teamwork and collaboration
- Communication
- Leadership

- Responsibility
- Fair play and honest
- Inclusion
- Empathy and supporting others
- Competing with and against others

Health and Wellbeing

- Physically active habits
- Understanding healthy eating
- Understanding how the body works
- Understanding what exercise does for the body
- Physical safety
- Physical fitness
- Experiences outside of regular environment
- Celebrating success

Implementation

This is how we aim to deliver our PE, School Sport and Physical Activity curriculum.

Physical Education (PE)

- Structured PE timetable which allows for a range of activities
- Fun and active lessons which engage all pupils
- Child-friendly learning outcomes and children understand the context
- Age appropriate activities for all pupils and all pupils to make progress
- All staff to inspire learning
- Purposeful assessment and feedback

School Sport

- A range of opportunities for ALL pupils to engage with sport outside of lesson time
- Access to competitions and events for All pupils
- Links to wider sporting events (Olympics, World Cup, Wimbledon)
- Targeted provision for those who need it
- Student voice to provide relevant opportunities
- Provide pupils with exit routes to continue sport/activities outside of school

Physical Activity

- Creating active environments across school
- Supporting active travel

- Promoting activities at breaks and lunchtimes
- Using activity as a tool for teaching active lessons
- Embedding physical activity interventions throughout the school day

Impact

From the delivery of our PE, School Sport and Physical Activity curriculum we want our children to:

- Understand the importance of being healthy and active
- Be physically literate
- Be inspired to have lifelong participation
- Be rounded citizens
- Have broad experiences in a range of activities

As well as the above we want each child develop the following personal skills:

- Character development
- Understanding cultures
- Resolving conflicts
- Resilience
- British values
- Be an active citizen